

Skill Sheet 10-I-4

Objective 21: Carry a ladder — Three-firefighter flat-shoulder method. (*NFPA® 1001, 5.3.6*)

Student Name: _____ **Date:** _____

Directions

For this skills evaluation checklist, students will carry a ladder using the three-firefighter flat-shoulder method. Students should carry the ladder at least 20 feet (6 m). When lifting a ladder from the ground, remind students to use the proper technique to avoid back strain or injury.

Equipment & Materials

- Extension ladder (32 foot [10 m] or longer)
- Protective clothing

Criteria & Evaluation Comments

Criteria (determined by the AHJ)

After the candidate has completed the skill sheet, write comments below.

Evaluator/Candidate Comments

Pass

☐

Fail

☐

Evaluator Signature

Date

Student Signature

Date

Skills Evaluation Checklist

Objective 21: Carry a ladder — Three-firefighter flat-shoulder method.

Task Steps		Yes	No
1.	Firefighters #1 & #2: Kneel on one side of the ladder, one at either end, facing the tip.		
2.	Firefighter #3: Kneel on the opposite side at midpoint, also facing the tip end. a. The knee closer to the ladder is the one touching the ground.		
3.	All Firefighters: Stand and lift the ladder.		
4.	All Firefighters: Pivot toward the butt when the ladder is about chest high. a. Both firefighters facing the butt b. Lifting smoothly and continuously		
5.	All Firefighters: Place the beam onto the shoulders.		